

Bibliography

Sorted by Call Number / Author.

612 Pa

Patent, Dorothy Hinshaw. Nutrition : what's in the food we eat. 1st ed. New York : Holiday House, c1992. Explains how different types of foods provide nutrients for the body.

613 Ka

Kalbacken, Joan. The food pyramid. New York : Children's Press, c1998. Introduces the food pyramid, describing each level in detail, and discusses nutrition, serving sizes, snacking, and the benefits of healthy eating.

641.3

Grow it, cook it : Simple gardening projects and delicious recipes. London ; : DK, 2008. Explains how plants grow, looks at the processes of planting and growing different fruits and vegetables, and features instructions for harvesting small crops, and using produce in recipes.

641.5 LI

Llanas, Sheila Griffin, 1958-. Easy breakfasts from around the world. Berkeley Heights, NJ : Enslow Elementary, c2012. Brown bread with honey-molasses butter (Turkey) -- Chorizo con huevos (Mexico) -- Ful medames (Egypt) -- Khichadi (India) -- Pannukakku (Finland) -- Kielbasa and toast (Poland) -- Fresh fruit (Brazil) -- Googs and soldiers (Australia) -- La bouillie (Chad) -- Coconut syrup (Caribbean) -- Anijsmelk and hagelslag (Netherlands). Introduces children to simple breakfast foods from around the world, with recipes from Turkey, Mexico, Egypt, India, Finland, Poland, Brazil, Australia, Chad, the Caribbean, and the Netherlands and information on cooking techniques, terms, and tools.

641.5 LI

Llanas, Sheila Griffin, 1958-. Easy lunches from around the world. Berkeley Heights, NJ : Enslow Elementary, c2012. Sushi (Japan) -- Quesadillas (Mexico) -- Daal (India) -- Tabouli (Lebanon) -- Bánh mì (Vietnam) -- Fried zucchini with yogurt sauce (Bulgaria) -- Pyttipanna (Sweden) -- Sauerkraut soup (Hungary) -- Arepas (Colombia) -- Corn and shrimp soup (Brazil) -- Mousetraps (New Zealand). Provides instructions for making eleven lunch dishes from around the world, including sushi, tabouli, corn and shrimp soup, and others.

641.5 Mc

McCulloch, Julie. Italy. Chicago, IL : Reed Educational & Professional Publishing, c2001. A collection of Italy recipes.

- 641.5 Mc
McCulloch, Julie. Mexico. Chicago, IL : Reed Educational & Professional Publishing, c2001.
A collection of Mexican recipes.
- 641.5 Ve
Veza, Diane Simone. Passport on a plate : a round-the-world cookbook for children. 1st ed. New York : Simon & Schuster Books For Young Readers, c1997. Describes the culinary styles of twelve regions around the world and provides recipes for each, including Africa, the Caribbean, and China.
- 741.5 Kr
Krosoczka, Jarrett. Lunch Lady and the League of Librarians. 1st ed. New York : Alfred A. Knopf, c2009. The school lunch lady, a secret crime fighter, sets out to stop a group of librarians bent on destroying a shipment of video game systems, while a group of students known as the Breakfast Bunch provides backup.
- B Pe
Gerstein, Mordicai. The man who walked between the towers. 1st ed. Brookfield, Conn. : Roaring Brook Press, c2003. A lyrical evocation of Philippe Petit's 1974 tightrope walk between the World Trade Center towers.
- E Cr
Creech, Sharon. A fine, fine school. 1st ed. New York : Joanna Cotler Books, c2001. When a principal loves his school so much that he wants the children to attend classes every day of the year, it's up to his students to show him free time is a good thing, too.
- E Po
Polacco, Patricia. Aunt Chip and the great Triple Creek dam affair. New York : Philomel Books, c1996. Aunt Chip saves the town of Triple Creek, where everyone has forgotten how to read because of the invasion of television.
- E Pr
Priceman, Marjorie. How to make an apple pie and see the world. New York : Knopf :, c1994. Since the market is closed, the reader is led around the world to gather the ingredients for making an apple pie. Includes recipe.
- E Sa
Say, Allen. Kamishibai man. Boston, Mass. : Houghton Mifflin, 2005. After many years of retirement, an old Kamishibai man--a Japanese street performer who tells stories and sells

candies--decides to make his rounds once more even though such entertainment declined after the advent of television.

ER Mc

McCully, Emily Arnold. Mirette on the high wire. New York : G.P. Putnam's Sons, c1992. Mirette learns tightrope walking from Monsieur Bellini, a guest in her mother's boarding house, not knowing that he is a celebrated tightrope artist who has withdrawn from performing because of fear.

ER Va

Van Allsburg, Chris. The wretched stone. Boston : Houghton Mifflin, 1991. A strange glowing stone picked up on a sea voyage captivates a ship's crew and has a terrible transforming effect on them.

E Ho

Hoban, Russell. Bread and jam for Frances. Newly illustrated ed. [New York] : HarperCollins, c1992. Frances decides she likes to eat only bread and jam at every meal until--to her surprise--her parents grant her wish.

ER Bu

Burns, Marilyn, 1941-. The greedy triangle. New York : Scholastic, 2008, c1994. Dissatisfied with its shape, a triangle keeps asking the local shapeshifter to add more lines and angles until it doesn't know which side is up.

There are also many books in our library on different activities and sports that can add balance to children's lives!